

Refitting Monovision

LENS WEARERS



Stepwise Approach to Refitting Long-term, Established, Well-adapted Monovision Contact Lens Wearers into NaturalVue® (etafilcon A) Multifocal 1 Day Contact Lenses

Because monovision patients have adapted to the significant overplussing of their non-dominant eye, it can be challenging to refit them into any multifocal, especially a unique, extended depth of focus design like NaturalVue® Multifocal.

The following approach has been found to minimise this issue:

EXAMPLE:

The patient has been wearing -3.00D OD and -1.00D OS.

SPECTACLE PRESCRIPTION:

OD: -2.75 -0.25 X 095

OS: -2.50 -0.75 X 090 ADD +2.00D OU

- The NaturalVue® Multifocal QuickStart Calculator recommends starting powers of -3.00 OU.
 - Dominant Eye: Start with -3.00D
 - Non-dominant eye: Start with -2.00D [(-3.00 suggested power + ½ the +2.00D ADD) therefore, (-3.00) + (+1.00) = -2.00 to start with on the non-dominant eye.]
- At the follow-up visit, you should be able to change the non-dominant eye power to -3.00D
- Generally, the vision will be excellent at Distance and Near at this point.
- If near still needs enhancement, add +0.25 D to the non-dominant eye.
- If further enhancements are needed, follow the Fitting Guide.